

# EMERGENCY CONTACTS

## EMERGENCY: 000

**Phone:** 000

## LIFELINE WA: 13 11 14

**Phone:** 12 11 14

**Web:** [www.wa.lifeline.org.au](http://www.wa.lifeline.org.au)

**Services:** 24/7 Crisis Support

## MENTAL HEALTH EMERGENCY RESPONSE LINE

**Phone (Metro):** 1300 555 788

**Phone (Peel):** 1800 676 822

**Web:** [www.mhc.wa.gov.au](http://www.mhc.wa.gov.au)

**Services:** 24-hour telephone service for people experiencing a mental health crisis but is not an emergency service

## RURALLINK

**Phone:** 1800 552 002

**Web:** [Rurallink](http://Rurallink)

**Service:** Mental health support for people in regional and remote areas of WA. Available 4:30 PM to 8:30 AM on weekdays and 24/7 on weekends and public holidays.

## KIDS HELPLINE

**Phone:** 1800 55 1800

**Website:** [kidshelpline.com.au](http://kidshelpline.com.au)

**Service:** 24/7 free and confidential counseling for children and young people aged 5-25. Support is also available for parents and carers.

## GRIEFLINE

**Phone:** 1300 845 745

**Website:** [griefline.org.au](http://griefline.org.au)

**Service:** Free and confidential support for anyone experiencing grief or loss. Offers telephone support, online forums, and support groups.